



LAUREL PSYCHODRAMA
TRAINING INSTITUTE

HOLISTIC • INTEGRATIVE • EXPERIENTIAL

**2019-2020 ACTION METHODS SUPERVISION/CONSULTATION GROUP
FOR MENTAL HEALTH PROFESSIONALS**

Sunday afternoons (once per month)
2:00-4:30 p.m.

LED BY: Catherine D. Nugent, LCPC, TEP

OVERVIEW: This supervision and consultation group is intended for mental health professionals at any level looking for support and guidance in their clinical practice. Whatever their stage of professional development, participants can benefit from examining challenging clinical and/or ethical issues arising in their current practice.

Using psychodramatic role-play, we explore common concerns, such as crises of confidence, unfamiliarity with specific clinical problems and populations, countertransference reactions, challenging clients and others.

As an added benefit, participants learn ways to apply psychodramatic role-play and other experiential modalities in their clinical practice. Applications of psychodrama and related methods to individual, couples and group counseling and psychotherapy are discussed and demonstrated, as relevant to participants' interests and needs.



LEADER/SUPERVISOR/CONSULTANT: Catherine D. Nugent is a licensed clinical professional counselor and a Board-certified psychodramatist and psychodrama trainer. Cathy has a private psychotherapy practice in Laurel, Maryland, where she brings her expertise with experiential approaches to work with individuals, couples and groups. As Executive Director & Principal Trainer with Laurel Psychodrama Training Institute, Cathy trains mental health professionals and students in psychodrama. Cathy is a Fellow of the American Society of Group Psychotherapy and Psychodrama (ASGPP), a past President of the Mid-Atlantic Chapter ASGPP, and the Recipient of the ASGPP's *2019 J.L. Moreno Award for Lifetime Achievement in Psychodrama, Sociometry and Group Psychotherapy*.



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Participants are asked to bring cases to the group for supervision/consultation. In addition to exploring participants' cases, some sessions may be devoted to clinical and ethical issues necessary for competent and ethical management of a counseling, psychotherapy or psychodrama practice. Topics may include: informed consent, suicide assessment, procedures for handling psychiatric emergencies, duty to warn, evaluating client outcomes, and best practices in documentation and others.

SUPERVISION INFORMATION:

LGPCs: Supervision hours acquired in this group can be counted toward the required 100 hours for Maryland LCPC licensure. (Fifty of the required 100 hours can be group supervision.)

Psychodrama Certification Candidates: These group supervision hours can be applied toward the practicum supervision requirement for psychodrama certification through the American Board of Examiners in Psychodrama, Sociometry & Group Psychotherapy. (Forty hours of supervision are required for certification.)

DATE/TIME: Sunday afternoon, once per month – 2:00-4:30 p.m.

LOCATION: Laurel, Maryland, just a few turns off I-95 and Route 29.

INVESTMENT: \$85 per 2.5-hour session (minimum 6 members)

**WINTER/SPRING 2020 DATES: Sunday afternoons
2:00-4:30 p.m.**

January 12, 2020
February 09, 2020
March 08, 2020
April 12, 2020
May 20, 2020
June 14, 2020

**Participants commit to three sessions,
with option to continue.**

For further information/to register:

Contact Cathy--
410-746-7251
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