

LPTI 2020 Intensive #2: ***LET'S DO SOCIOMETRY—
BEYOND SPECTROGRAMS, LOCOGRAMS AND
STEP-IN SOCIOMETRY!***

**Catherine D. Nugent, LCPC, TEP with
Guest Co-Leader, Paula Catalan, LCPC, CP/PAT**

NEW DATES: June 12, 13 & 14
(Friday through Sunday)



OVERVIEW: A psychodrama elder who trained directly with J.L. Moreno (psychodrama's originator), was often heard to say: *Psychodrama gets them in the door, but sociometry heals them* (Bob Siroka).

Moreno's son, Jonathan, highlighted the interplay of psychodrama and sociometry, in his now-famous statement: *Psychodrama without sociometry is blind; sociometry without psychodrama is sterile.*

We explore these questions—in theory and in action—to enrich our work as psychodramatists and other facilitators of healing, learning and development.

TRAINING OBJECTIVES: *After completing this workshop, participants should be able to:*

- Describe the need for both **safety** and **exploration** in a group or community.
- Discuss the science and the art of attuning to the group and its collective *Window of Tolerance*.
- Practice at least 2 ways to lift and lower a group's hypoaroused or hyperaroused energy.
- Identify at least 3 sociometric configurations in groups and their significance.
- Experience an action structure to spark curiosity and compassion, and to quell the *Voice of Fear*.
- Describe *The Embodied Intentional Dialogue**.

This workshop is **highly interactive** and **experiential**. A team of psychodrama students helps facilitate a supportive environment for robust personal and professional growth.

***NEW ACTION STRUCTURE:** Cathy is excited to teach *The Embodied Intentional Dialogue*. This intervention integrates psychodramatic role-play into the Classical Imago Dialogue.

LOCATION: Laurel Psychodrama Training Institute

SCHEDULE: Friday, June 12—9:45 a.m.-6:00 p.m.
Saturday, June 13—9:45 a.m.-6:00 p.m.
Sunday, June 14—9:00 a.m.-4:15 p.m.

CONTINUING EDUCATION*: Up to **21.0** Continuing Education Hours—
Maryland Board of Social Work Examiners, National Board for Certified
Counselors/NBCC, American Board of Examiners in Psychodrama, Sociometry &
Group Psychotherapy.

WORKSHOP LEADERS:



Catherine D. Nugent, LCPC, TEP
Executive Director/Principal Trainer
Laurel Psychodrama Training Institute



Paula Catalan, LCPC, CP/PAT
Founder, Trainer & Therapist
3 Elements Counseling

INVESTMENT:

PARTICIPANT CATEGORY	EARLY REGISTRATION (UNTIL 05/10)	REGULAR REGISTRATION (AFTER 05/10)
General Admission	\$575	\$625
LPTI Cohort Members	\$525	\$575
3 or more from Same Organization	\$500	\$550
JHU Students (Current or within 1 year of graduation)	\$500	\$550

Note: Some partial scholarships may be available. Contact Cathy for further information.

TO REGISTER/FOR FURTHER INFORMATION: Contact—Cathy Nugent
cathynugent@verizon.net – 410-746-7251

CONTINUING EDUCATION INFORMATION:

Dramatic Transformations/Laurel Psychodrama Training Institute has been approved by NBCC as an Approved Continuing Education Provider with the **National Board for Certified Counselors** (AEP # 6788) and certifies that this program meets the criteria for up to **21.0 hours** of continuing education for counselors. Programs that do not qualify are clearly identified. Dramatic Transformations/Laurel Psychodrama Training Institute is solely responsible for all aspects of the programs.

Catherine D. Nugent/Dramatic Transformations is an Approved Provider of Continuing Education with the Maryland Board of Social Work Examiners and certifies that this program meets the criteria up to **21.0 hours** of Category I continuing education for social workers in Maryland.

Catherine D. Nugent, LCPC, TEP, is a Board-certified psychodramatist and psychodrama trainer. Up to **21.0 hours** may be credited toward the Certified Practitioner in Psychodrama, Sociometry and Group Psychotherapy certification, C.P. credential, as approved by the American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy.